

Rulebook

سيرة النبي ﷺ

Week 2026

Society for Literature & Arts,
Riphah International University, Peshawar Campus

SOCIETY FOR LITERATURE & ARTS

Riphah International University, Peshawar Campus



WEEK 2026

24th August to 1st September 2026

کی محمد سے وفا تو نے تو ہم تیرے ہیں یہ جہاں چیز ہے کیا لوح و قلم تیرے ہیں

It is with great pleasure that we officially announce the program of the Seerat-un-Nabi Week 2026.

We look forward to your enthusiastic participation in these activities.



Qirat Competition



Naat writing Poetry Competition



Naat Competition



Calligraphy Competition



Azan Competition



Quiz Competition



Essay writing Competition



Speech Competition



Seerah Exhibition



Guest Speeches

Prof Ayesha Abdullah

Vice Dean

Health Professions Education & Research
Faculty Chair, Society for Literature & Arts

Beharam Azam Chishti

President

Society for Literature & Arts
(Men's Wing)

Fakeha Azam

President

Society for Literature & Arts
(Women's Wing)

Important Dates

Last date for Registration for competitions	8th August, 2026
For individual events https://forms.gle/pBseat6AErjLu41W8	
For Quiz https://forms.gle/BahghnaddvZdJzWy9	
Essay Writing Competition	16th August, 2026
Last date for submission. Submit at: seerahweek2026submissions@gmail.com	
Naat Writing Competition	16th August, 2026
Last date for submission	
Last date for submission. Submit at: seerahweek2026submissions@gmail.com	
Calligraphy Competition (On-the-spot calligraphy)	28th and 29th August
Qirat, Naat & Speech Competitions for women	22nd August, 2026
Inauguration with Qirat, Naat, Azan & Speech Competition for men	24th August, 2026
Quiz Competition	
Preliminary institutional competitions (PMC, PDC, RNC, PCAHS):	21st August, 2026
Final inter-institutional Quiz	1st September, 2026
Registration for Exhibition	10th August, 2026
Form https://forms.gle/nzrGDr2545YcRKuQ8	31st August, 2026
Exhibition (Female delegates)	1st September, 2026
Exhibition (Male delegates)	
Closing and prize distribution ceremony	1st September, 2026

General Guidelines

1. Students of schools, colleges and universities can participate in these competitions.
2. Faculty members can participate in the essay competition only, which would be separate from the students' competition.
3. Any contestant can participate in not more than two individual competitions in addition to the Quiz (if they opt for it).
4. Participants must carefully read and follow the specific guidelines for each of the competitions as given in the following section.
5. Registration for the competitions is free but mandatory.
6. Keep yourself updated about these exciting events by visiting our website and Instagram pages.

Essay Writing Competition

Last Date for Submission: Saturday 16th August

Mode: Online submission

Submit MS word file at seerahweek2026submissions@gmail.com

Only files received through e-mail would be included in the competition.

1. **Theme:** The theme for the competition is:

عصر حاضر میں سیرت نبوی ﷺ سے رہنمائی

Guidance from the Seerah of the Prophet ﷺ for the contemporary age

Under this theme, any area of application of the Prophetic Seerah ﷺ in contemporary fields, including; education, leadership, healthcare, social development, character building, governance, statesmanship and international relations, can be selected for the essay writing.

2. **Language:** Essay can be written in Urdu or English.
3. **Who can participate:** Faculty and Students of Schools, Colleges & Universities.
4. **Authorship:** Maximum of three persons can be included in the authorship of the submitted essay. The authors must declare that it is their original work.
5. **Word Count:** The word count is 1500-3000 words.
6. **Original Contribution:** Essay has to be the original work of the author(s) submitting the essay. Use of artificial intelligence (AI) should be declared, including name of the AI tool, the purpose for which it was used, in which part of the essay, and how much was the use of AI. All essays will be evaluated for the use of AI and plagiarism. Remember that the purpose of the competition is to motivate us for researching the life of the Prophet ﷺ. Making AI do all the research without the author reading and contributing to the generated ideas or copying it from someone else, does not serve the purpose. Therefore, injudicious use of AI (copy-paste) without original ideas and thought content of the author and plagiarism without standard appropriate citation will lead to disqualification of the submission.

7. **Formatting guidelines:** (Use the given template to write the essay)
- Paper size: A4
 - Margins: 1 inch on all sides
 - Line spacing: Double
 - Font: English: Calibri or Times New Roman with Font size: 12
 - Font: Urdu: Jameel Noori Nastaleeq with Font size: 14
8. **Publication Rights:** The events of the Seerah week-202 are being organized by the Society for Literature & Arts of Riphah International University, Peshawar Campus, in collaboration with PRIME Foundation Pakistan (PF). We intend to publish the essays that meet the publication criteria. The authors whose essays are selected for publication would be contacted by the organizers. Their essay would be published with their names. PRIME foundation shall retain the exclusive right to publish the submitted essays, in whole or in part, in book form with due acknowledgment of the author(s). The Editorial Committee reserves the right to edit submissions for language and style, for publication purposes.
9. **Evaluation:** The essay would be evaluated for;
- Thought content; originality and quality
 - Organization and framework
 - Choice of words, language & writing style
 - Reflection of commitment to, and deeper understanding of, the theme with relevance to the practice of Seerah in our lives today
 - Overall literary performance and compliance with guidelines for formatting
10. **Disqualification:** The following would disqualify the submitted essay:
- Any word or statement which is not at par with the standard for honor and respect of the Prophet ﷺ would disqualify the participant;
 - Plagiarism;
 - Injudicious use of AI, explained earlier.

Prizes (PKR)



1st
100,000



2nd
75,000



3rd
50,000

Quiz Competition

Date: 1st September, 2026

Venue: Auditorium Peshawar Medical College

Time: 09:00 am to 2:00 pm

1. Who can participate: Students of schools, colleges and universities can participate in the quiz.

- From each institution one team can participate with 2 to 5 members (not more than 5 members). If the institution has both male and female students, one team of boys and one of girls can participate.
- Teams can comprise of either male or female students; co-participated teams are not allowed.
- The group leader must register their team by **8th August, 2026**.

2. Selected Books for the Quiz: The participants can consult the following books to prepare for the Quiz.

1- معارف الحديث، جلد اول تالیف: مولانا محمد منظور نعمانی رح

PDF file can be downloaded from:

<https://drive.google.com/file/d/1QG7W3uCbRF9dVljgRIwN6cjC7UlmwDul/view?usp=sharing>

2- - السيرة النبوية دروس و عبر --

The life of the Prophet Muhammad: Highlights and Lessons

by Dr. Mustafa As-Sibaa'ie (Translated in English by Nasiruddin al-Khattab), 2004

PDF file can be downloaded from:

https://drive.google.com/file/d/1mSAn0BgGzZ_9r9VojNG1bYXhaPaip3y/view?usp=sharing

3. Format of the Quiz:

- The quiz would have three rounds; a qualifying round, a rapid-fire round and the final round.
- The first round would comprise MCQ-based questions, 2nd round would be open-ended questions and the final round would be a mix of both MCQs and open-ended questions.
- Each round would have questions from both the books.

4. Mannerism and participation etiquettes

- Participants would maintain proper decorum and demonstrate respect towards the host, other participants, and the audience.
- The audience would keep quiet and would not attempt to prompt answers.

5. Results: The scorekeepers will display the results as each round is completed. The decision of the judging panel will be final and binding on all participants in case of any disputes.

6. Preliminary qualifying quiz competitions for students of PMC, PDC, RNC & PCAHS, Riphah International University, Peshawar Campus:

- The preliminary competition for teams participating from PMC, PDC, RNC and PCAHS, would be held at PMC examination hall on **21st August, 2026**.
- Teams would be separate for boys and girls with 2 to 5 members in each team. Teams can comprise of students from the same class or a mix of classes. The first four teams from PMC, two teams from PDC, RNC and PCAHS each would qualify for the final quiz scheduled on 1st September, 2026.

7. Final Quiz:

- Final quiz of all the qualifying teams would be on **1st September, 2026**.
- The quiz would be based on three rounds as explained earlier.
- If there are more than 15 teams for the final quiz, a qualifying written quiz will be taken on 1st September, 2026 at 0900.

Prizes (PKR)



1st
50,000



2nd
30,000



3rd
20,000

Naat Writing Competition

Last Date for Submission : Saturday 16th August

Mode: Online submission

Submit at seerahweek2026submissions@gmail.com

- 1. Language:** Naat can be written in Urdu, English or Pushto.
- 2. Who can participate:** Students of Schools, Colleges and Universities
- 3. Authorship:** Only one person can be the author of the submitted Naat.
- 4. Original Contribution:** Only original work will be included in the competition. Plagiarized submissions or use of AI is not allowed. The author must declare that it is his/her original work and no AI tools have been used. Only one Naat should be submitted.
- 5. Formatting Guidelines for submission:** (Use the given template for submission)
 - Paper size: A4
 - Margins: 1 inch on all sides
 - Line spacing: Double
 - Font: English: Calibri or Times New Roman with Font size: 12
 - Font: Urdu: Jameel Noori Nastaleeq with Font size: 14
- 6. Publication:** The top three submissions would be published in the college magazine under the authorship of the writer.
- 7. Evaluation:** The submissions would be evaluated for;
 - Thought content / Poetic ethos;
 - Poetic skills: Beat, meter & rhyme;
 - Choice of words & language;
 - Reflection of love for the Prophet ﷺ and commitment to the Sunnah;
 - Overall literary performance & compliance with the guidelines for formatting.

Disqualification:

1. Use of any mushrikana word / stanza or any phrase that does not befit the respect for the Prophet ﷺ would disqualify the submission;
2. The competition is for “Naat writing” therefore, any other form of Nahseed or Hamd (حمد) would not be included in the competition;
3. Plagiarism or use of AI would disqualify the submission.

Prizes (PKR)



1st
10,000



2nd
7,000



3rd
5,000

Qira't Competition

Date: For Male competitors, 24th August, 2026
Female competitors, 22nd August, 2026

Venue: Auditorium
Peshawar Medical College

Time: 10:00 am to 2:00 pm

1. **Who can participate:** Students of Schools, Colleges and Universities
2. **Ayat for the recitation:** Ten set of Ayat are selected for the competition as follows.

Surah	Ayat
1. Sura Ali'Imran (3)	159 - 165
2. Sura Nisa (4)	75 - 80
3. Surah Tauba (9)	61 - 69
4. Surah Ahzab (33)	38 - 48
5. Surah Az- Zumar (39)	51-61
6. Surah Fatah (48)	26 - 29
7. Surah Hujurat (49)	1 - 8
8. Surah Hujurat(49)	9 - 13
9. Surah An Najm (53)	1 - 18
10.Al-Fajr (89)	15-30

The participants would recite from any of the above verses which would be chosen for them at the time of the competition.

3. Qur'an would be provided for recitation at the venue.
4. The participants would be evaluated for;
 - Tajweed
 - Tarteel
 - Voice character and breath control
 - Overall performance
5. Lahn (لحن) or wrong recitation would earn negative marks.

Prizes (PKR)



1st
10,000



2nd
7,000



3rd
5,000

Naat Competition

Date: For Male competitors, 24th August, 2026
Female competitors, 22nd August, 2026

Venue: Auditorium
Peshawar Medical College

Time: 10:00 am to 2:00 pm

1. **Who can participate:** Students of Schools, Colleges and Universities
2. **Naat:** We have selected a set of Naat in Urdu, English and Arabic. The participants can select the Naat of their choice from the given collection only. The selected Naat list is provided at the website and our Instagram pages. Please make sure that the Naat you decide to present is from those given in this list.
3. **Maximum time** allowed for each participant is 3 minutes.
4. **Evaluation criteria:** The participants would be evaluated for;
 - Quality of poetry
 - Voice character and breath control
 - Presentation, style and rhythm
 - Overall performance

Prizes (PKR)



1st
10,000



2nd
7,000



3rd
5,000

Azan Competition

Date: 24th August, 2026
Time: 10:00 am to 2:00 pm

Venue: Auditorium
Peshawar Medical College

1. **Who can participate:** Students of Schools, Colleges and Universities
2. **Participation Guidelines**
 - Azan should be recited with correct Tajweed and clear pronunciation.
 - Singing-like tones or inappropriate styles are not permitted
 - Only the full Azan is to be recited; no additional words or supplications
3. **Evaluation:** The Muezzin will be evaluated for;
 - Quality of recitation
 - Voce character and control
 - Breath control
 - Overall inspirational character of the call for prayer

Prizes (PKR)



1st
10,000



2nd
7,000



3rd
5,000

Speech Competition

Date: For Male competitors, 24th August, 2026
Female competitors, 22nd August, 2026

Venue: Auditorium
Peshawar Medical College

Time: 10:00 am to 2:00 pm

- Topic:** We have selected a set of topics for our speakers to demonstrate their oratory skills and love for the Prophet ﷺ. At the time of their speech one topic from this list will be chosen for each participant. A speaker can speak on one topic from in either Urdu or English. The topics are:

Topics for Speech Competition

تقریری مقابلہ - موضوعات

- Guidance from the Makki period of the Prophethood ﷺ
- Guidance from the Madani period of the Prophethood ﷺ
- Guidance for the youth of Islam from the lives of the Companions رضی اللہ عنہم
- The Mothers of the Believers and the survival of the Ummah today
- Guidance from the Seerah in the digital age
- How to grow leaders like the Prophet ﷺ
- The identity crisis among Muslim youth and guidance from the Seerah
- From tribes to Ummah: Rejecting nationalism in the light of the Seerah
- The Overwhelmed Believer: Materialism of today and guidance from the Seerah
- Navigating the Modern Mirage: Finding True Freedom in Submission to Allah سبحانہ و تعالیٰ
- 1- مکی دور نبوت ﷺ سے رہنمائی
- 2- مدنی دور نبوت ﷺ سے رہنمائی
- 3- نوجوانان اسلام کے لئے صحابہ رضی اللہ عنہم کی سیرت سے رہنمائی
- 4- امہات المؤمنین اور امت کا بقا
- 5- ویکل دور میں سیرت النبی ﷺ سے رہنمائی
- 6- رسول اللہ ﷺ کا طرز قیادت سازی
- 7- جوانان اسلام میں پچپان کا بحران اور سیرت سے رہنمائی
- 8- قبائل سے امت تک: سیرت طیبہ کی روشنی میں قومیت کی نفی
- 9- جدید دور کی مادیت کے بوجھ تلے دبا مومن اور سیرت النبی ﷺ سے رہنمائی
- 10- یہ ایک سجدہ جسے تو گراں سمجھتا ہے ہزار سجدوں سے دیتا ہے آدمی کو نجات

2. Participation guidelines

- The maximum duration of the speech is 5 minutes. After 5 minutes the speaker would leave the podium.
- The speakers would uphold the respect for the Prophet ﷺ. Therefore, they must present their point of view in alignment with His Sunnah.
- The speakers must refrain from shouting, demonstration of boisterous body language or extremes of emotions during the speech because it is against the Sunnah of the Prophet ﷺ.
- Similarly, the audience would respect the decorum of the event and listen to the speakers with respect.

3. Evaluation Criteria: The speech would be evaluated for;

- Quality of the content and choice of words
- Organization of the thoughts in a logical framework
- Oratory skills
- Effective and appropriate body language
- Relevance and commitment to the topic
- Time management

Prizes (PKR)



1st
10,000



2nd
7,000



3rd
5,000

Calligraphy Competition

Date: 28th & 29th August, 2026

Time: 10:00 am to 2:00 pm

Venue: Department of
Health Professions
Education & Research,
PMC

1. **Who can participate:** Students of Schools, Colleges and Universities.
2. **Selected Ayat (verses):** The participants can choose any Ayat from among the following Ayat for calligraphy

Al-Hashr: 7 وَمَا آتَاكُمُ الرَّسُولُ فَخُذُوهُ وَمَا نَهَاكُمْ عَنْهُ فَانْتَهُوا

Al-Qalam: 4 وَإِنَّكَ لَعَلَىٰ خُلُقٍ عَظِيمٍ ﴿١﴾

Al-Anbiya:107 وَمَا أَرْسَلْنَاكَ إِلَّا رَحْمَةً لِّلْعَالَمِينَ ﴿١٧٧﴾

Al-Fath:1 إِنَّا فَتَحْنَا لَكَ فَتْحًا مُّبِينًا ﴿١﴾

Ali' Imran:31 قُلْ إِن كُنْتُمْ تُحِبُّونَ اللَّهَ فَاتَّبِعُونِي يُحْبِبْكُمُ اللَّهُ

3. Participation guidelines:

- Any medium can be used.
- The canvas would be provided by the organizers, participants must bring their own materials to work with.
- Two days are allocated for the calligraphy competition, therefore if the participants wish they can prepare the base on 28th and write the calligraphy on the next day.
- Participants can finish their work in one day if they desire so. The venue would be available for working from 08:30 am to 4:30 pm.
- Drawing human or animal figures is not allowed.

4. **Evaluation Criteria:** The calligraphy art work would be evaluated for;

- Quality of the specific Hand used for calligraphy
- Artistic style, layout and organization
- Colour scheme
- Overall presentation

Prizes (PKR)



1st
10,000



2nd
7,000



3rd
5,000

Seerah Exhibition

The purpose of the exhibition is to provide our students an enriching, enlightening and inspirational experience of educating themselves and spreading the light of the Seerat un Nabi (ﷺ) among others.

- The Exhibition is primarily organized by the students of our own campus, students of Mercy School of Leadership and Al-Khidmat Foundation Aghosh Schools.
- Those students who wish to join us in designing and presenting the exhibition, can register for the exhibition by filling this form by 10th August, 2026 <https://forms.gle/nzrGDr2545YcRKuQ8>
- The Exhibition is scheduled as follows:
 - Female delegates on **31st August, 2026**
 - Male delegates on **1st September, 2026**
- Setting-up of stations and exhibition items would be done on **29th August, 2026**

Please read the following guidelines carefully.

Seerah Exhibition

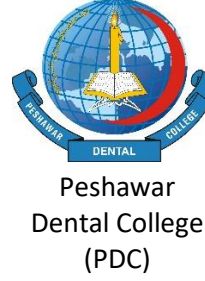
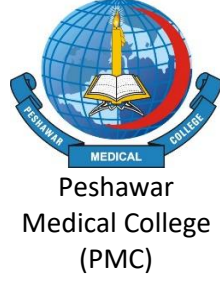
1. Areas for Exhibition:

1. The first revelation in the cave of Hira
 2. The Socioeconomic boycott of Banu Hashim in the Shi'b Abi Talib
 3. The incidence of Taif
 4. Israa and Mairaaaj
 5. Hijrat e Madina
 6. Ghazwa e Badar
 7. Ghazwa e Uhud
 8. The treaty of Hudaibya
 9. The conquest of Makkah
 10. The last sermon
2. Maximum of 5 students can participate to design and organize the station they choose. Each group comprise of boys or girls. Participating teams would be awarded PKR 15000 and certificates of accomplishment.

Seerah Exhibition

3. Each station of the exhibition would focus on one of the topics from the given list. The station would have:

- **Narrators:** Each station would have three narrators/ presenters to present the theme of their station in the following manner.
- **Introduction to the station:** Introducing the station, its purpose and brief outline of the aspect of Seerah covered by the station and what are lessons that we learn for our lives today.
- **3-D model depiction:** Explaining the aspect of the chosen topic depicted by a relevant 3-D model.
- **A poster presentation** outlining the details of the topic and summarizing the lessons learnt from the topic of the station.
- The station would run for a maximum of 12 minutes. So the details would have to be precise and concisely presented.
- The students and faculty visiting the station can ask questions which would be answered by the narrators.
- All details of the Seerah included at the station must be well-referenced with authentic sources.
- Human figures cannot be used in the poster, model or in any other way at the stations.
- No music is allowed to be played at the station, however background Nasheed without music can be played.



WEEK 2026

For any further queries please contact
Mr Muhammad Asim Qureshi, Chief Coordinator of the Event &
Manager, Health Professions Education & Research, PMC at
03459054890 or masimqurashi@gmail.com

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